offers a unique cohort model in which students progress through the 2-year course sequence together. Cohorts begin twice a year in January and late June, completing in December and May respectively in the second year. Additionally, the effects of performance-enhancing substances and drugs on athlete performance and health are discussed. CEAD 680: Residency I - Professional Development (Summer, 4 weeks; 1 week in residence) (3 credits). Sheri is a US Soccer Grassroots Instructor, is on the Kentucky Youth Soccer instructional and coaching staff, is a soccer coach with Georgetown Football Club (05 Boy and 01 Girls), and has been a longtime staff member with United Soccer Coaches Coaching Academy. The ICF Coaches Education Programme has four levels: The Level 1 Courses: National Courses can be organised and hosted by any National Federation. The language: selected by the organizer of the course The content and the teaching materials of the courses will be prepared and provided by the ICF including the form and test of examination. The participants will undertake a written examination and demonstrate their skills in a practical examination. The participants who pass the examinations will receive the ICF Certification of the ICF Level 2 Canoe Sprint Coach and will be registered in the ICF coaches' database. The Youth Olympic Games has a special course and competition format. The description of that can be found in Chapter 27. Paracanoeing.